

What is POPS?

Perioperative Care for Older People undergoing Surgery (POPS) services provide geriatrician-led, multidisciplinary care for older people undergoing elective and urgent surgery.

Through streamlining services POPS improves clinical outcomes, patient experience and flow through the hospital, use of the workforce and leads to cost savings. **Some of the benefits of POPS throughout the perioperative pathway are shown below.**

In 20 years working at this trust I have never seen such a massive improvement and impact on patient care as the POPS service has brought us.

[...] Involving all members of the team ensuring the patient has an informed choice of what treatment is right for them is gold standard care and it is great to be a part of it.

Consultant Surgeon
Lewisham and Greenwich Trust



Benefits of POPS across the perioperative pathway...



Reduced **late cancellations** and increased appropriate **day surgery**



Reduced **length of stay**: 4 day reduction at LNWUH Trust after introduction of POPS



Fewer patients needing new **care packages** or nursing home at discharge



Better **shared decision making**: 1 in 7 patients choose not to go ahead with surgery



High quality care with **fewer medical complications**



Fewer **readmissions**



One stop pre-operative assessment and optimisation, avoiding multiple outpatient referrals



Reduced referrals to **medical specialities** and **medical registrar**



Reduced long-term **complications** and better **recovery**

Case Study: Frimley Health

- POPS Network Cohort 1 (2021)
- Potential saving of **£803 per patient** seen in POPS clinic, totalling **£385,440** annually
- Stopped average of **1.4 unnecessary medications per patient** with cost savings of £239,000
- Identified two or more **undiagnosed medical conditions** in **71%** of patients

The POPS Network

...offers a six month programme of tailored learning and development events to adapt the POPS model to your local context.

- Monthly **core events and masterclasses** led by national **clinical and management experts**
- Coaching in **measurement for improvement** and using data
- Application of **QI techniques** to support change
- Access to **vital resources** such as the POPS Toolkit

Find out more

www.popsolderpeople.org
networksinfo@nhselect.org.uk