

# Comprehensive Geriatric Assessment

PATIENT DETAILS	
Name:	Geriatrician Consultant: _____
DOB:    Age:                          F                          M	Surgical Consultant: _____
Hospital n:	Admission Date: ____ / ____ / ____
NHS n:	Assessment Date: ____ / ____ / ____

HISTORY OF PRESENTATION

"Improving the care of older surgical patients  
through collaboration, education and research"

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PAST MEDICAL HISTORY	SURGICAL HISTORY

MEDICATIONS					
Name	Dose	Freq.	Name	Dose	Freq.
1.			9.		
2.			10.		
3.			11.		
4.			12.		
5.			13.		
6.			14.		
7.			15.		
8.			16.		
<input type="checkbox"/> Dosette box					
ALLERGIES AND INTOLERANCES					

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**SOCIAL HISTORY**

Occupation:

<input type="checkbox"/> Lives alone	<input type="checkbox"/> Lives with family	<input type="checkbox"/> Sheltered Accommodation	<input type="checkbox"/> Existing Package of Care OD BD TDS QDS X1 X2	<input type="checkbox"/> Residential Home	<input type="checkbox"/> Nursing Home
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Accommodation type:  Home  Flat  Bungalow

Ability to manage stairs:  Y  N  Stair lift

**SMOKING AND ALCOHOL HISTORY**

Current smoker  Ex-smoker  Non smoker

Details:

Alcohol intake: \_\_\_\_\_ units/week

**MOBILITY / FUNCTIONAL STATUS**

Independent  Mobile with stick  Mobile with frame  Mobility Scooter  Bed to chair only  Bedbound

**NUTRITIONAL STATUS**

Weight: \_\_\_\_\_ Kg Height: \_\_\_\_\_ cm BMI: \_\_\_\_\_

History of recent weight loss?  Y  N

Details: (How much for how long)

MUST Score:

Modified diet (eg. Thickened, pureed, coeliac)?  Y  N

Details:

**SKIN STATUS**

Braden Scale: \_\_\_\_ / 23

Comments / description of pressure areas:

**CONTINENCE STATUS**

Bowels:  Continent  Incontinent Bladder:  Continent  Incontinent

Urinary frequency (voids  $\geq$  7 times daily)  Urinary urgency

Nocturia (voids  $\geq$  2 times / night)  Voiding difficulty (hesitancy, straining)

Urinary Tract Infections in last 3 months  History of constipation

Short term catheter in situ  Long term catheter in situ Date of insertion: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Indication:

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MENTAL HEALTH STATUS	
Previous diagnosis of dementia?	<input type="checkbox"/> Y <input type="checkbox"/> N
Forgetful over last 12 months?	<input type="checkbox"/> Y <input type="checkbox"/> N
History of depression?	<input type="checkbox"/> Y <input type="checkbox"/> N
Risk of delirium?	<input type="checkbox"/> Y <input type="checkbox"/> N
On admission:	
CAM	<input type="checkbox"/> + <input type="checkbox"/> -
AMTS	___ / 10

VISUAL ASSESSMENT	HEARING ASSESSMENT
<input type="checkbox"/> No impaired	<input type="checkbox"/> No impaired
<input type="checkbox"/> Impaired	<input type="checkbox"/> Impaired
Comments: _____	Comments: _____

FALLS RISK / BONE HEALTH ASSESSMENT	
History of falls in the last year?	<input type="checkbox"/> Y <input type="checkbox"/> N   How many? _____
History of previous fractures at any time?	<input type="checkbox"/> Y <input type="checkbox"/> N
Details: _____	
_____	
Fear of falling?	<input type="checkbox"/> Y <input type="checkbox"/> N
Previous diagnosis of osteoporosis?	<input type="checkbox"/> Y <input type="checkbox"/> N
If <b>YES</b> : details of treatment (starting date and duration): _____	
_____	
If <b>NO</b> : <b>FRAX Score</b>	
10 year probability of: (1) Major osteoporotic fracture: _____ (2) Hip fracture: _____	

RESUSCITATION STATUS	
<input type="checkbox"/> For resuscitation	<input type="checkbox"/> Advanced Care Plan
<input type="checkbox"/> DNR in community	<input type="checkbox"/> In place
<input type="checkbox"/> DNR made on admission	<input type="checkbox"/> For discussion
<input type="checkbox"/> Not discussed	<input type="checkbox"/> N/A

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**EXAMINATION**

**Observations:**

Temperature: \_\_\_\_\_ °C

Heart rate: \_\_\_\_\_ bpm

Respiratory rate: \_\_\_\_\_ bpm

Saturations: \_\_\_\_\_ %

Pain: \_\_\_\_\_ / 10

Lying / sitting BP: \_\_\_\_\_ / \_\_\_\_\_ mmHg HR: \_\_\_\_\_

Standing BP (at 0'): \_\_\_\_\_ / \_\_\_\_\_ mmHg HR: \_\_\_\_\_

Standing BP (at 3'): \_\_\_\_\_ / \_\_\_\_\_ mmHg HR: \_\_\_\_\_

E \_\_\_ V \_\_\_ M \_\_\_ GCS: \_\_\_\_\_ / 15

Capillary Blood glucose: \_\_\_\_\_ mmol/L

ECG:

Chest x-ray:

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PROBLEMS / DIAGNOSIS	INITIAL MANAGEMENT / OPTIMISATION PLAN

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**SUMMARY / FOLLOW UP'S / COMMUNICATION WITH GP (TO BE WRITTEN ON EDN)**

Name (Print):	Sign:
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